



AppHealthCare
Appalachian District Health Department
www.AppHealthCare.com | (828) 795-1970
Caring for our Community



Health Education & Outreach Intern: Ongoing Basis

We are able to accept up to two interns per semester for this position.

This internship offers an opportunity to gain experience in rural public health while supporting health education and promotion efforts across three key focus areas: maternal and child health, tobacco prevention, and mental health. Interns will assist with outreach, education, event support, and program development in partnership with agency staff and community organizations.

Internship scope of work:

The intern will work with members of the Community Health team on health education and outreach initiatives.

During this project the intern will:

- Support **maternal and child health education**, including marketing and supporting our agency childbirth classes and supporting promotion of breastfeeding
- Help implement **tobacco prevention** efforts in schools
- Participate in planning and marketing **mental health training** opportunities across the district
- Attend **community health fairs, outreach pop-ups, and school-based activities**, helping represent the health department in a friendly and professional way
- Research and share **best practices** in rural health promotion strategies and educational messaging
- Track engagement or feedback from events and assist with reporting and data summaries

What you will gain from the internship:

- Stronger communication, public speaking, and organizational skills
- Opportunities to shadow or collaborate with professionals in maternal health, behavioral health, and prevention work
- Real-world experience in rural public health and community health education

What we require:

- Interest in public health, health education, or social sciences
- Ability to interact respectfully and clearly with community members and partners
- Comfortable with occasional physical tasks like lifting outreach materials or setting up event stations

- Reliable, prompt, and professional in both independent and team settings

Terms of commitment:

- This position involves flexible hours
- Travel to other district counties may be needed. Transportation support may be provided for outreach events occurring outside town limits
- Must be available for some evenings and weekend events (notice will be given in advance)

Application process:

Please submit the following documentation to internships@apphealth.com

- A cover letter
- Resume
- & a completed [internship application](#)