

2022 STATE OF THE COUNTY'S HEALTH

----- Alleghany County, North Carolina -----



11,049

Population
(Census 2021)

Leading Causes of Death

- 1 Cancer
- 2 Diseases of the Heart
- 3 Chronic Lower Respiratory Diseases

Median Household Income

North Carolina
\$61,972



Alleghany
\$38,930

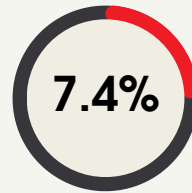
HEALTH PRIORITIES

The Alleghany Wellness Coalition selected the health priorities in August 2021. These priorities were chosen based on the 2020 Ashe County Community Health Assessment. Highlights to the priorities are below and additional detail can be found in the full report ([view full report on AppHealthCare's website](#)).

MENTAL & BEHAVIORAL HEALTH



In 2021, 10.7% of Alleghany High School students said in the past 12 months they have seriously considered attempting suicide.



In 2021, 7.4% of Alleghany High School students said in the past 12 months they have made a plan to attempt suicide.

FAMILY & SOCIAL SUPPORTS

Many health disparities begin early in life with Adverse Childhood Experiences (ACEs). Initiatives such as the Positive Parenting Program and other family interventions through the Alleghany Partnership for children and the Alleghany County Schools are successful at addressing these challenges because they address the whole person in the context of our relationships and local environment. As of the end of 2022, Triple P, which addresses ACEs and works to reduce serious negative childhood outcomes, is available through six different agencies in Alleghany County.

SUBSTANCE USE & MISUSE PREVENTION



Ashe County government is set to receive \$ **\$960,168** in **Opioid Settlement Funds** over an 18-year period. Request for Proposals were issued to fund eligible organizations to implement evidence-based, high-impact strategies to address the opioid epidemic.

591
individuals

served by NC Peer Support
Specialists across Alleghany,
Ashe & Watauga Counties

8,340 syringes
returned



498 naloxone kits
distributed



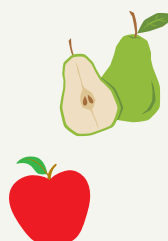
80 justice-involved
persons served



Physical Activity/Walkability

AppHealthCare and Alleghany Wellness Coalition in partnership with Alleghany Sparta Trails Association have begun exploring the ease of walkability connecting all three parks, the library/community college and potentially the hospital.

EMERGING ISSUES



Food Access

There is a subgroup of the Alleghany Wellness Coalition focused on food access who meets regularly. Conversations have focused on the partnership with Blue Ridge Women in Agriculture and the Food Hub, as well as reducing the stigma around using the local food pantry and how we can better support that pantry.