

The Parenting Journey

- This is an Ashe County Quick Reference Guide
- For families of children ages birth-22 years of age
- This is **not an inclusive list**, specific services may not be provided by agencies listed but they can help point you in the right direction
- For more information please contact, **Parent to Parent Family Support Network-High Country** (828-262-6089, or parent2parent@appstate.edu)



SOCIAL/RECREATIONAL

How do I keep my child active and entertained?

Partnership of Ashe
336-982-4588

Ashe Parks and Recreation
366-982-6185

Ashe County Library
336-846-2041

Cooperative Extension
336-846-5850



BEHAVIORAL/EMOTIONAL

What do I do when I don't know what to do about my child's behavior?

Vaya Health
336-982-4740

Daymark
336-246-4542

Partnership of Ashe
336-982-4588



PHYSICAL/MEDICAL

What do I do to keep my child healthy?

Blue Ridge Pediatrics
828-262-0100

Ashe Pediatrics
336-846-4543



EDUCATIONAL

Who do I contact about Child Development, preschool, school, or childcare?

Children's Developmental Services Agency
336-846-4754

Partnership of Ashe
336-982-4588

Sizemore Head Start
336-246-6448

Ashe Early Learning Center
336-846-3221

Ashe County Schools
336-846-7175



FAMILY ASSISTANCE

Where do I go if I need help with food, shelter, transportation, emergency heat or medical costs/coverage?

Ashe County Health Department/ App Healthcare
336-246-9449

Ashe Really Cares
336-846-4754

Department of Social Services
336-846-5719

Sharing Center
336-846-7019

Ashe Outreach
336-385-3663